

## TOE 2 TOE CLASS TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00AM	<b>MUAY THAI</b> 10AM-11AM		<b>MUAY THAI</b> 10AM-11AM		<b>MUAY THAI</b> 10AM-11AM	<b>MUAY THAI</b> 10:30AM - 12PM	
11:00AM							
12:00PM							
4:00PM	<b>MMA GROUND</b> 4PM-5PM	<b>WING CHUN</b> 4PM-6PM	<b>MMA/PADS WRESTLING</b> 4PM-5PM	<b>WING CHUN</b> 4PM-6PM			
5:00PM	<b>MMA/PADS WRESTLING</b> 5PM-6PM		<b>MMA GROUND</b> 5PM-6PM				
6:00PM	<b>WING CHUN</b> 6PM-8PM	<b>MMA SPARRING</b> 6PM-7PM	<b>MUAY THAI</b> PADS/TECH 6PM-7PM <b>WING CHUN</b> SPARRING 7PM-8PM	<b>WING CHUN</b> 6PM-8PM	<b>MMA</b> 6PM-8PM	<b>MUAY THAI</b> PADS/TECH 6PM-7PM <b>WING CHUN</b> SPARRING 7PM-8PM	<b>MMA WRESTLING</b> 6PM-7PM <b>MMA BOXING</b> 7PM-8PM
7:00PM		<b>BOXING</b> 7PM-8PM			<b>JUDO</b> 7PM-8PM		
8:00PM							